

CIRCLE OF SECURITY PARENTING GROUP (VIRTUAL)

**Join us to discuss issues, challenges,
and concerns that all parents may
face.**



Topics Covered:

- The road to a secure attachment
- Understanding your child's emotional world by learning to read emotional needs.
- Learn to support your child's ability to successfully manage emotions.
- How my experience shaped me as a parent.

Groups are funded by:



**Do you feel lost or without
a clue about what your
child might need from you?
If so come and join us and
other parents to this free
parenting group**

**10:30AM-11:30AM:
Psychoeducation
11:30AM-11:50AM: Q&A**

**Group meets once a week
for 8 weeks.
Every Wednesdays via
zoom at 10:30.**

**To register contact us at:
619-565-2650 or talk to your
assigned clinician**

**Start date: September 14,
2022**

Time: 10:30am

**A \$25 gift card for
Walmart will be given to
parents that attend all
eight sessions.**